10 TIPS FOR FAMILY - FRIENDS - CAREGIVERS OF THOSE WHO MAY NEED ASSISTANCE

☐ Help the person requiring assistance to create a disaster plan and support network with backups built in.

☐ Ensure that the support network knows how to operate life supporting equipment and/or mobility equipment.

☐ Assign roles and responsibilities to support network members.

☐ Discuss options for transportation and temporary housing with support network members.

☐ Assist in creating a plan on how to best care for their service animals and pets.

☐ Help them determine the best method to be notified of a disaster. Assist with set-up as needed.

☐ Help to create an emergency supplies kit tailored to their needs.

☐ Know the emergency plans, policies and procedures of any agency providing care.

☐ Prepare to provide emotional support. Learn what you can do to calm the person requiring assistance and how to stay calm yourself under stressful conditions.

☐ Identify different places they may need assistance, such as churches, work, etc.

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EMERGENCY SUPPORT NETWORK NUMBERS

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