**10 TIPS FOR PEOPLE WHO MAY NEED ASSISTANCE**

- Meet with a support network of family and friends that can help during an emergency.
- Create directions for any equipment that you may need. Keep directions with the specific equipment.
- Develop and practice a disaster plan with your network yearly.
- Create a disaster supplies kit that will meet your unique needs.
- Plan for the safe sheltering of your non-service animal pets.
- Find alternate sites for regular medical treatments, in case your normal site is not available.
- Know how you will replace any devices that assist you in your daily routines, in case they become damaged or lost.
- Consider setting up electronic payments of any benefits you receive.
- Identify items that can protect you in a disaster and others that can block evacuation. Make changes to ensure your safety before a disaster occurs.
- Test and make sure all alarms and communication devices meet your needs.

**EMERGENCY SUPPORT NETWORK NUMBERS**

<table>
<thead>
<tr>
<th>Contact Name</th>
<th>Contact Number</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Turn over for Accessible Support Tips! Learn more at ReadySanDiego.org