TOP 10 PERSONAL PREPAREDNESS TIPS

- Register your cell phone and email for emergency notifications with AlertSanDiego.org.

- Establish an out-of-state phone contact to help reach separated family members.

- Create a family disaster plan and yearly:
  - Review
  - Update
  - Practice

- Create, and every 6 months inspect, your Emergency Supply Kit to include:
  - 3-7 days of food & water for each family member
  - Current medications
  - Battery powered radio + flashlight
  - Working batteries
  - Pet supplies

- Store coloring books, a deck of cards, board games or other items to keep family members entertained.

- Make duplicates of, and consider storing off-site:
  - Medical prescriptions
  - Insurance papers
  - Other important documents

- Learn the disaster policies of schools and care programs in which you have children and dependants.

- Learn with your family about local hazards, and how to prepare for them. Learn how and when to operate a fire extinguisher.

- Keep the fuel tank in your vehicle at least half full at all times.

- Know where to get information and assistance during and after a disaster.

Turn over for Home Preparedness Tips! Learn more at ReadySanDiego.org

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